

SPA ETIQUETTE & POLICIES

Open daily from 10:00 - 20:00

Spa Reservations: We recommend booking in advance to secure your preferred treatment and time.

Lifestyle Consultation: Complete our online lifestyle consultation form before your arrival or at least 48 hours in advance. Feel free to share any specific requests or notes for your Spa & Wellness experience.

Before Arrival:

- We advise storing all jewelry and valuables before your Spa treatments.
- Gentlemen, please shave before facial treatments for optimal results.

Arrival: Please ensure you arrive at least 15 minutes prior to your scheduled appointment.

Late Arrivals: Kindly note, we cannot extend treatment times for late arrivals out of respect for other guests' reservations.

Cancellations: Please provide at least two hours' notice for individual treatments and 24 hours' notice for Spa Packages to avoid charges. Missed appointments will be charged at 100% of the treatment price.

During Spa: To maintain a peaceful environment, kindly refrain from smoking and using mobile phones in Spa and Wellness areas

After Treatment: Avoid sunbathing immediately after massages, body treatments, or waxing sessions for at least six hours.

Service Charge and Government Tax: Our prices are exclusive of a 7% service charge and 15 % government tax.

Payment:

- For resort guests, all treatments will be charged to your room and settled upon departure.
- For walk-in guests, full payment for Spa and Wellness treatments is required in advance.

Children: Our services are tailored to children's needs, offering both private treatments and therapies in open or group setings.

Children must wear undergarments or swimsuits during treatments.

Children under 10, we recommend a parent or guardian be present in the room.

Parents or guardians are required to remain nearby during treatments and Wellness activities for accessibility.

Guests under 18 must have a parent or legal guardian complete a Health Assessment Form and Children's Wellness Waiver.

Please note that Spa treatments are not available inside guest rooms other than at The Byrd Spa & Wellness.



BODY MASSAGES

THE BYRD SIGNATURE

IDR 775 per person / 1,375 per couple 75 minutes

Through gentle hand movements resembling waves, this holistic approach connects body and mind, inducing a deep sense of relaxation and joyful life energy.

THE SEGARA BESPOKE

IDR 875 per person / 1525 for couple 75 minutes

This customized treatment employs pressure point and long stroke techniques, penetrating deep tissues to flush out toxins, ease muscle tensions, and enhance range of motion.

Note: Not suitable for individuals with fragility issues, skin conditions, or blood flow problems.

THE TRADITION

IDR 675 per person / 1125 for couple 60 minutes

This traditional full-body massage employs a combination of techniques and homemade oils to stimulate circulation and "OI" flow, instilling a sense of wellness, calm, and deep relaxation.

THERMAL RIVER STONE THERAPY

(MASSAGE WITH HOT STONES)

IDR 975 per person / 1,125 per person

75 / 90 minutes

This massage with hot stones penetrates deep into muscles and tissues, alleviating pain and tension while promoting detoxification and improved circulation.

THE GARDEN EASE (BACK)

IDR 375 per person / 525 per person

30 / 45 minutes

From lower to upper back, this healing touch goes beyond muscle release to promote spinal alignment and overall wellness.

THE GARDEN EASE WITH BOREH

IDR 675 per person

60 minutes

Combines targeted back massage with the healing properties of Boreh to leave you feeling refreshed and revitalized.

FOOTLOOSE TREAT

IDR 375 per person / 525 per person

30 / 45 minutes

Release toxins, relax your entire body, and enhance sleep quality, leaving you with rejuvenated energy to conquer your day.

FOOTLOOSE TREATS WITH BOREH

IDR 675 per person

60 minutes

Combines the benefits of foot massage with the therapeutic properties of Boreh to soothe your senses and invigorate your body.



FACE TREATMENT

REVITALIZING FACIAL

IDR 599 per person

60 minutes

This facial treatment includes deep pore cleansing to maintain healthy, fresh-looking skin and achieve a clear, radiant complexion.

ENRICH & RESTORE FACIAL

IDR 599 per person

60 minutes

This treatment helps skin protection, reverses visible signs of sun damage, and provides a calming and nourishing experience.

UITIMATE FACIAL

IDR 699 per person

75 minutes

Targeting superficial skin concerns and encouraging collagen growth for a fuller, more youthful complexion, especially beneficial for mature skin.

ORIENTAL SIGNATURE FACIAL

IDK 799 per person

90 minutes

Features the stimulating strokes of Guasha rose quartz to improve skin elasticity, sotien fine lines, and give your skin a refreshed appearance.

EXPRESS FACIAL

IDR 399 per person

30 minutes

Provides deep cleansing, leaving your skin feeling fresh, smooth, and healthy.

Facial Therapies Upgrade

Experience an enhanced facial therapy session lasting 30 minutes, priced at 399K per person. Choose from specialized treatments including Eye Treatments or LED Therapy and Ampuls for a customized skin care experience.



BODY TREATMENT

BOREH BODY WRAP

IDR 499 per person

45 minutes

This traditional Balinese treatment use local ingredients herb to warm the body and relieve tired muscles and achy joint. It also boosts circulation and encourages the release of toxins.

LULUR BODY SCRUB

IDR 499 per person

45 minutes

Cleanse and revive tired-looking skin with this locally-inspired treatment using ground rice and fragrant spices, leaving skin soft and supple.

SOLACE'S SOOTHER

IDR 675 per person

60 minutes

Experience ultimate relaxation and calm with Solace's Soother, designed to alleviate the effects of prolonged sun exposure and soothe your skin. This treatment focuses on cooling and hydrating your skin with soothing formulations like aloe vera and cucumber wraps to combat dehydration

DETOX HEATING BLANKET

IDR 499 per person

45 Minutes

Spending time in a Heating Blanket is offers a variety of benefits, can have an impact on hormones, decreased stress, help to improve immune function, detoxifying, and remove toxin from the body through sweating.



SPA RITUAL PACKAGE

AUTHENTIC BALINESE BOREH

IDR 1.395 per person

Indulge in our Authentic Balinese Boreh experience, a cherished tradition passed down from Balinese ancestors. This complete body treatment combines aromatic spices and herbs to enhance circulation, exfoliate, and smooth your skin, while oil-infused spices alleviate muscle pain, headaches, and arthritis.

ROYAL JAVANESE LULUR

IDR 1,395 per person 120 minutes

Experience the luxury of our Royal Javanese Lulur, a time-honored body scrub renowned as one of nature's finest exfoliating methods. This traditional Javanese health and beauty ritual, cherished by royal families for centuries, was historically used by royal brides-to-be for 40 days before their wedding to cleanse, smooth, soften, and rejuvenate their skin. The treatment culminates in a bespoke Javanese massage enhanced with natural oils, leaving you feeling deeply relaxed and revitalized.

TROPICAL ISLAND BLISS

IDR 1,395 per person 120 mi

Prepare your skin, body, and soul for a warm welcome to a tropical paradise with our Tropical Island Bliss treatment. This ritual, starting from your toes and extending to your crown, uses fresh and natural ingredients to mesmerize your senses and enhance your experience.



BEAUTY TREATMENT

DELUXE MANICURE

IDR 499 per person 60 minutes

A 60-minute pampering session that leaves your hands feeling soft, smooth, and perfectly polished.

DELUXE PEDICURE

IDR 499 per person 60 minutes

Enjoy 60 minutes of pampering, leaving your feet refreshed, rejuvenated, and beautifully groomed.

EXPRESS MANICURE

IDR 299 per person 30 minutes

Get your manicure done in just 30 minutes, leaving you looking and feeling fabulous in no time.

EXPRESS PEDICURE

IDR 299 per person 30 minutes

Get your pedicure done in just 30 minutes, leaving you looking and feeling fabulous in no time.

JUST COLOR MY FINGER NAILS

IDR 255 per person

30 minutes

Add a pop of color to your nails and elevate your look effortlessly.

NAIL COLOR REMOVER

IDR 199 per person

15 minutes

Our Nail Color Remover service ensures quick and efficient removal in just 15 minutes, leaving your nails ready for a fresh coat of polish.



NATURAL WAXING SANCTUARY

Unveil the essence of skin care excellence at our Pure Waxing Sanctuary, where 98% natural ingredients ensure a flawless waxing experience.

Coconut Oasis Waxing - for dry skin

Savor the tropical aroma of coconut oils, providing deep moisture for parched skin.

Aloe Serenity Waxing - calming and sensitive skin.

Embrace the tranquil aura of aloe vera extract, renowned for its gentle touch that nurtures and soothes sensitive skin.

FACIAL AREAS $(15-45 \text{ MINUTES})$		ARMS $(15-45 \text{ MINUTES})$	
LIP	IDR 249	UNDERARMS	IDR 199
MUSTACHE	IDR 249	LOWER ARMS	IDR 299
BEARD	IDR 299	UPPER ARMS	IDR 299
BEARD AND MUSTACHE	IDR 399	FULL ARMS	IDR 549
BODY AREAS $(30-60)$) MINUTES)	LEGS (45 MINUTES)	
BACK	IDR 499	LOWER LEGS	IDR 449
CHEST	IDR 499	UPPER LEGS	IDR 349

FULL ARMS, LEGS, AND FACIAL AREAS

CHEST. BACK. AND LEGS.

OHEST. BACK. AND LEGS.

90 MINUTES IDR 99



WELLNESS ACTIVITIES

Delight in a personalized 60-minute private class experience, crafted exclusively for you and a companion. Available for booking anytime, reserve your session 48 hours in advance to ensure availability.

AERIAL YOGA 60 MINUTES IDR 799
TRADITIONAL YOGA 60 MINUTES IDR 799
HATHA YOGA 60 MINUTES IDR 799
MEDITATION 60 MINUTES IDR 799



JUNIOR SPA MENU

Pamper yourself with our selection of spa treatments, specially created for kids as part of our latest initiative.

JUNIOR BODY MASSAGE

IDR 325 / 475 per person

30 / 45 minutes

Relaxation is the way to go with this soothing full body massage using hydrating organic oil.

BACK, NECK AND SHOULDERS

IDR 325 per person

30 minutes

Having fun at the pool or playing all day is exhausting, so why not unwind and release any tension with this reviving massage? It will leave you feeling supple and refreshed, and ready to go on new adventures tomorrow.

PRETTY HANDS OR FEET

IDR 475 per person

45 minutes

Enjoy having your nails shaped, followed by a hand or foot scrub and nail polish application.

MOTHER AND DAUGHTER

IDR 1750 per couple

75 minutes

Spend some relaxing time together and indulge in a relaxing full body massage followed by nail painting.

FATHER AND SON

IDR 1,750 per couple

75 minutes

Unwind after an active day with a full body soothing massage followed by a scalp massage.